NATIONAL GRID PLC Form 6-K April 11, 2019

SECURITIES AND EXCHANGE COMMISSION Washington D.C. 20549

FORM 6-K

REPORT OF FOREIGN ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 OF THE SECURITIES EXCHANGE ACT OF 1934

Date: 11 April 2019

Commission File Number: 001-14958

NATIONAL GRID plc (Registrant's Name)

1-3 Strand London WC2N 5EH, England (Registrant's Address)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F. Form 20-F Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3- 2(b) under the Securities Exchange Act of 1934. Yes No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): n/a

Announcement sent to the London Stock Exchange on 11 April 2019: – 'National Grid updates its 2018/19 technical guidance ahead of entering close period on 16 April 2019'

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

NATIONAL GRID plc

/s/ Megan Barnes By:_____

Name Megan Barnes Senior Assistant Company Secretary

Date: 11 April 2019

EXHIBIT INDEX

Exhibit No. Description

Announcement sent to the London Stock Exchange on 11 April 2019: 'National Grid updates its 2018/19 technical guidance ahead of entering close period on 16 April 2019'