

Owens Raymond Lee
 Form 4
 April 23, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Owens Raymond Lee

2. Issuer Name and Ticker or Trading Symbol
 Piedmont Office Realty Trust, Inc.
 [PDM]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 11695 JOHNS CREEK PARKWAY, STE. 350
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 04/21/2010

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Exec VP- Capital Mkts

JOHNS CREEK, GA 30097

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Class A common stock	04/21/2010		A	766 ⁽¹⁾ A	\$ 0 7,120	D	
Class B-1 common stock	04/21/2010		A	766 ⁽¹⁾ A	\$ 0 5,120	D	
Class B-2 common stock	04/21/2010		A	766 ⁽¹⁾ A	\$ 0 5,120	D	
Class B-3	04/21/2010		A	766 ⁽¹⁾ A	\$ 0 5,120	D	

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common
stock

Class A common stock	04/21/2010	F	124 <u>(2)</u>	D	\$ 19.45	7,120	D
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Class B-1 common stock	04/21/2010	F	124 <u>(2)</u>	D	\$ 19.45	5,120	D
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Class B-2 common stock	04/21/2010	F	124 <u>(2)</u>	D	\$ 19.45	5,120	D
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Class B-3 common stock	04/21/2010	F	124 <u>(2)</u>	D	\$ 19.45	5,120	D
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Owens Raymond Lee 11695 JOHNS CREEK PARKWAY STE. 350 JOHNS CREEK, GA 30097			Exec VP- Capital Mkts	

Signatures

Raymond L.
Owens

04/23/2010

 Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The award reported herein was part of an award of 6,130 shares of restricted stock awarded on April 21, 2008. The total award vested as to 25% immediately upon the original award date and vested as to the remaining shares at a rate of 25% annually from the original award date. Mr. Owens is now reporting all of the unvested shares, including the 25% that vested as of the event date, since the total shares awarded should have been reported on the original award date. All amounts reported herein reflect the recapitalization of the Company's common stock and the related adjustment of outstanding stock awards, whereby each share of the Company's common stock was converted into 1/12th of a share each of the Company's Class A, B-1, B-2 and B-3 common stock.

(2) In connection with the vesting of 1,533 shares of deferred stock on April 21, 2010, 496 shares were delivered to the Company to satisfy tax withholding obligations, in accordance with the Company's 2007 Omnibus Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.