Sanchez Energy Corp Form 4 March 06, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Instr. 3)

Common

Stock

03/04/2014

(Print or Type Responses)

1. Name and Address of Reporting Person * Heinson Christopher			2. Issuer Name and Ticker or Trading Symbol Sanchez Energy Corp [SN]			5. Relationship of Reporting Person(s) to Issuer				
						(Check all applicable)				
(Last)	(First)	(Middle)	3. Date of	Earliest T	ransaction		• •			
1111 BAG 1800	11 BAGBY STREET, SUITE 00		(Month/Day/Year) 03/04/2014			Director 10% Owner _X_ Officer (give title Other (specify below) Senior VP & COO				
(Street) HOUSTON, TX 77002			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
										HOUSTON
(City)	(State)	(Zip)	Table	e I - Non-I	Derivative Securities Acq	uired, Disposed	of, or Beneficial	lly Owned		
1.Title of		n Date 2A. De		3. Transacti	4. Securities Acquired	5. Amount of Securities	6. Ownership			

(D)

Amount

60,000

(1)

(Instr. 3, 4 and 5)

(A)

(D)

A

Price

(1)

Code

(Instr. 8)

Code V

Α

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

anv

(Month/Day/Year)

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Beneficially

Owned Following

Reported

100,000

Transaction(s) (Instr. 3 and 4) (D) or

D

Indirect (I)

(Instr. 4)

Beneficial

Ownership

(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D)		ate	7. Title a Amount of Underlying Securities (Instr. 3 a	of ng s	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	or Title Nu of	umber		

Reporting Owners

Reporting Owner Name / Address	Relationships					
• 6	Director	10% Owner	Officer	Other		
Heinson Christopher			Senior			
1111 BAGBY STREET, SUITE 1800			VP &			
HOUSTON, TX 77002			COO			

Signatures

/s/ Christopher Heinson

03/06/2014

**Signature of Reporting
Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents a grant of restricted stock the Reporting Person received from Sanchez Energy Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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