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GILBERT O	GERALD E											
Form 4												
August 17, 2	2010											
FORM	ΛΔ								PPROVAL			
CURIVI 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						N OMB Number:	3235-0	287				
Check th				Expires:	January							
if no longer subject to STATEMENT OF C				NGES IN	BENE	י ז	Estimated average					
Section 16. SECURITIES						5			burden hours per			
	Form 4 or							response	•	0.5		
Form 5	Filed put	rsuant to Se	ection	16(a) of th	ne Secu	rities Excl	hange Act of 1934,					
obligation may con				•	•	· ·	ct of 1935 or Secti	on				
See Inst		30(h) o	of the In	nvestmen	t Comp	any Act of	f 1940					
1(b).												
	D)											
(Print or Type	Responses)											
1 Name and	Address of Reporting	Person *	<u>а т</u>	N	J.T. 1	т I'	5. Relationship	of Reporting Per	rson(s) to			
1. Name and Address of Reporting Person <u>*</u> GILBERT GERALD E			2. Issuer Name and Ticker or Trading Symbol				Issuer	of Reporting Fel	reporting reison(s) to			
			•	JATECH	INC IN	ATEX1						
			MANNATECH INC [MTEX]				(Check all applicable)					
(Last)		3. Date of Earliest Transaction				N D'						
600 S. ROYAL LANE #200			(Month/Day/Year) 08/13/2010				X Director	X_ Director 10% Owner Officer (give title Other (specify				
000 S. KU	I AL LAINE #200		08/13/2	2010			below)	below)	ier (speen)			
		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or	6. Individual or Joint/Group Filing(Check					
						Applicable Line)						
							X Form filed by					
COPPELL,	, TX 75019						Person	More than One R	eporting			
(City)	(State)	(Zip)				~						
(City)	(State)	(Zip)	Tab	ole I - Non-J	Derivati	ve Securities	s Acquired, Disposed	of, or Beneficia	lly Owned			
1.Title of	2. Transaction Date			3.	4. Secu		5. Amount of	6. Ownership	7. Nature o	f		
Security (Instr. 3)	(Month/Day/Year)	Execution I	Date, 1f	Transactic Code	onAcquired (A) or Disposed of (D)		Securities Beneficially	Form: Direct	Indirect Beneficial Ownership			
(Insu. 5)		any (Month/Day/Year		(Instr. 8)		3, 4 and 5	Owned	(I) or maneet				
		` -	, ,		[*]		Following	(Instr. 4)	(Instr. 4)			
						(A)	Reported					
						or	Transaction(s) (Instr. 3 and 4)					
				Code V	Amour	nt (D) Pri	ce (Instr. 5 and 4)					
Reminder: Re	port on a separate line	e for each cla	ss of sec	urities bene	ficially o	wned direct	ly or indirectly					
Kennider. Kej	port on a separate rinc		.55 01 500	unities belie	-		respond to the colle	ection of	SEC 1474			
information contained in this form									(9-02)			
							spond unless the fo					
					-	-	rently valid OMB co	ontrol				
					nun	nber.						

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	Derivative	Expiration Date	Underlying Securiti
Security	or Exercise		any	Code	Securities Acquired	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	(A) or Disposed of		

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	Derivative Security			(D) (Instr. 3, 4	, and 5)				
			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Right to Purchase Common Stock	\$ 20.64	08/13/2010	D		2,000	<u>(1)</u>	04/06/2015	Common Stock, Par Value \$0.0001 per share	2,00
Right to Purchase Common Stock	\$ 17.05	08/13/2010	D		2,141	<u>(1)</u>	07/14/2015	Common Stock, Par Value \$0.0001 per share	2,14
Right to Purchase Common Stock	\$ 15.6	08/13/2010	D		8,000	(2)	02/19/2017	Common Stock, Par Value \$0.0001 per share	8,00
Right to Purchase Common Stock	\$ 11.21	08/13/2010	D		11,150	(2)	06/11/2016	Common Stock, Par Value \$0.0001 per share	11,1
Right to Purchase Common Stock	\$ 6.03	08/13/2010	D		3,300	<u>(2)</u>	06/18/2018	Common Stock, Par Value \$0.0001 per share	3,3(
Right to Purchase Common Stock	\$ 3.49	08/13/2010	D		16,667	<u>(3)</u>	06/01/2013	Common Stock, Par Value \$0.0001 per share	16,6
Right to Purchase Common Stock	\$ 2.46	08/16/2010	А	23,158		<u>(10)</u>	08/15/2020	Common Stock, Par Value \$0.0001 per share	23,1

Reporting Owners

Reporting Owner Name / Address

Relationships

Dire

Director 10% Owner Officer Other

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GILBERT GERALD E 600 S. ROYAL LANE #200 COPPELL, TX 75019

Signatures

/s/ Stephen D. Fenstermacher, Co-CEO & CFO, by Power of Attorney

**Signature of Reporting Person

X

08/17/2010 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option provided for immediate vesting on July 15, 2005.
- (2) Options Vest 1/3 immediately, 1/3 on every year thereafter for 2 years.
- (3) The option provided for vesting in three equal annual installments beginning June 02, 2004.
- On August 16, 2010, the issuer canceled, pursuant to the issuer's option exchange program, an option for 2,000 shares of Mannatech
 (4) common stock granted to the reporting person on April 7, 2005. In exchange, the reporting person received a replacement option, for 500 shares, having an exercise price of \$2.46 a share.
- On August 16, 2010, the issuer canceled, pursuant to the issuer's option exchange program, an option for 2,141 shares of Mannatech
 (5) common stock granted to the reporting person on July 15, 2005. In exchange, the reporting person received a replacement option, for 640 shares, having an exercise price of \$2.46 a share.
- On August 16, 2010, the issuer canceled, pursuant to the issuer's option exchange program, an option for 8,000 shares of Mannatech
 (6) common stock granted to the reporting person on February 20, 2007. In exchange, the reporting person received a replacement option, for 2,585 shares, having an exercise price of \$2.46 a share.
- On August 16, 2010, the issuer canceled, pursuant to the issuer's option exchange program, an option for 11,150 shares of Mannatech
 common stock granted to the reporting person on June 12, 2006. In exchange, the reporting person received a replacement option, for 4,722 shares, having an exercise price of \$2.46 a share.
- On August 16, 2010, the issuer canceled, pursuant to the issuer's option exchange program, an option for 3,300 shares of Mannatech
 (8) common stock granted to the reporting person on June 19, 2008. In exchange, the reporting person received a replacement option, for 2,133 shares, having an exercise price of \$2.46 a share.
- On August 16, 2010, the issuer canceled, pursuant to the issuer's option exchange program, an option for 16,667 shares of Mannatech
 (9) common stock granted to the reporting person on June 2, 2003. In exchange, the reporting person received a replacement option, for 12,578 shares, having an exercise price of \$2.46 a share.
- (10) The option vests in three equal annual installments beginning August 16, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.