Edgar Filing: Symmetry Medical Inc. - Form 4

Symmetry M Form 4									
December 27						OMB AI	PPROVAL		
FORM	UNITEDSTATE	S SECURITIES A Washington		ANGE (COMMISSION	OMB Number:	3235-0287		
Check thi if no long subject to Section 1	6. STATEMENT (F CHANGES IN BENEFICIAL OWNERSHIP OI SECURITIES				Expires: January 31, 2005 Estimated average burden hours per			
Form 5 obligation may cont	obligations may continue. See Instruction Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								
(Print or Type F	Responses)								
1. Name and A MILNE DA	ddress of Reporting Person <u>*</u> VID C	2. Issuer Name and Ticker or Trading Symbol Symmetry Medical Inc. [SMA]			5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Middle)	3. Date of Earliest Transaction			(Chec	ck all applicable)			
3724 N. STA	ATE RD. 15	(Month/Day/Year) 12/23/2013			Director 10% Owner X Officer (give title Other (specify below) SVP HR, GC, Corp. Secretary				
	(Street)	4. If Amendment, D Filed(Month/Day/Yea	Amendment, Date Original d(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
WARSAW,	IN 46582				Form filed by N Person				
(City)	(State) (Zip)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	any	ion Date, if Transact Code n/Day/Year) (Instr. 8)	ion(A) or Dispos (D) (Instr. 3, 4 and (A) or 7 Amount (D)	ed of d 5)) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial		
Common Stock	12/23/2013	F	$1,402 \\ (1) $ D	\$ 9.27	60,132	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8)	5. tionNumber of) Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3	Date	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Addre	ess	Relationships							
L O	Director	10% Owner	Officer	Other					
MILNE DAVID C 3724 N. STATE RD. 15 WARSAW, IN 46582			SVP HR, GC, Corp. Secretary						
Signatures									
David C. Milne	12/26/2013								

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were retained by the Company in payment of a tax obligation that arose in conjunction with the vesting of shares of restricted stock that had been granted pursuant to the Company's Equity Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.