MANNATECH INC

Form 4

August 15, 2014

FORM 4

Check this box

if no longer

subject to

Section 16.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

Expires:

January 31, 2005

0.5

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Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Nicholls Steven Mark			2. Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX]	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (M		(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
600 S. ROYAL LANE SUITE 200			(Month/Day/Year) 08/14/2014	Director 10% Owner _X Officer (give title Other (specify below) CFO		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
CODDEI I T	Y 75010		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		

COPPELL, TX 75019

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi omr Dispo (Instr. 3,	sed of	` '	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, Par Value \$0.0001 Per Share	08/14/2014		Code V	Amount 1,100	(D)	Price \$ 12.3509 (1)	(Instr. 3 and 4) 2,400	D	
Common Stock, Par Value \$0.0001 Per Share	08/15/2014		M	1,666	A	\$ 5.72	4,066	D	
Common Stock, Par	08/15/2014		P	934	A	\$ 12.445 (2)	5,000	D	

Value \$0.0001 Per Share

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	ve Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Right to Purchase Common Stock	\$ 5.72	08/15/2014		М	1,666	(3)	02/21/2023	Common Stock, Par Value \$0.0001 Par Share	5,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other			
Nicholls Steven Mark 600 S. ROYAL LANE SUITE 200 COPPELL, TX 75019			CFO				

Signatures

Reporting Person

/s/ S. Mark
Nicholls

**Signature of Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$12.35 to \$12.36, inclusive. The reporting person undertakes to provide Mannatech, Incorporated, any security holder of Mannatech,
- (1) Incorporated, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the ranges set forth in footnotes (1) and (2) of this Form 4.
- (2) The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$12.40 to \$12.45, inclusive.
- (3) The options vest in three equal annual installments beginning February 21, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.