JONES TOMMIE Form 4

March 08, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to

Section 16. Form 4 or Form 5 obligations may continue. See Instruction STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * JONES TOMMIE

(First) (Middle)

SIMMONS FIRST NATIONAL CORP, 501 MAIN STREET

(Street)

2. Issuer Name and Ticker or Trading Symbol

SIMMONS FIRST NATIONAL CORP [SFNC]

3. Date of Earliest Transaction (Month/Day/Year)

03/05/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Director 10% Owner Officer (give title _X_ Other (specify below)

below) Retired

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

PINE BLUFF,	, AR 7161
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(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired tion(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
SFNC	03/05/2010		M	2,000	A	\$ 23.78	15,139	D		
SFNC	03/05/2010		F	1,765	D	\$ 26.94	13,374	D		
SFNC	03/05/2010		M	1,220	A	\$ 24.5	14,594	D		
SFNC	03/05/2010		F	1,109	D	\$ 26.94	13,485	D		
SFNC	03/05/2010		M	1,200	A	\$ 26.19	14,685	D		

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SFNC	03/05/2010	F	1,166	D	\$ 26.94	13,519	D
SFNC						5,171	D
SFNC						40	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)		6. Date Exercis Expiration Dat (Month/Day/Y	e	7. Title and A Underlying S (Instr. 3 and	Securities	8. De Se (Ir
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Incentive Stock Option	\$ 23.78	07/26/2004		M	400	07/26/2004	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 23.78	07/26/2004		M	400	07/26/2005	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 23.78	07/26/2004		M	400	12/31/2005	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 23.78	07/26/2004		M	400	12/31/2005	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 23.78	07/26/2004		M	400	12/31/2005	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 24.5	05/23/2005		M	488	05/23/2005	05/23/2015	Common	488	
	\$ 24.5	05/23/2005		M	244	12/31/2005	05/23/2015	Common	244	

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Incentive Stock Option									
Incentive Stock Option	\$ 24.5	05/23/2005	M	244	12/31/2005	05/23/2015	Common	244	\$
Incentive Stock Option	\$ 24.5	05/23/2005	M	244	12/31/2005	05/23/2015	Common	244	\$
Incentive Stock Option	\$ 26.19	05/22/2006	M	240	05/22/2007	05/20/2016	Common	240	\$
Incentive Stock Option	\$ 26.19	05/22/2006	M	240	05/22/2008	05/20/2016	Common	240	\$
Incentive Stock Option	\$ 26.19	05/22/2006	M	240	05/22/2009	05/20/2016	Common	240	\$
Incentive Stock Option	\$ 26.19	05/22/2006	M	240	05/22/2010	05/20/2016	Common	240	\$
Incentive Stock Option	\$ 26.19	05/22/2006	M	240	05/22/2011	05/20/2016	Common	240	\$
Incentive Stock Option	\$ 28.42	05/31/2007	X	0	05/31/2008	05/31/2017	Common	240	\$
Incentive Stock Option	\$ 28.42	05/31/2007	X	0	05/31/2009	05/31/2017	Common	240	\$
Incentive Stock Option	\$ 28.42	05/31/2007	X	0	05/31/2010	05/31/2017	Common	240	\$
Incentive Stock Option	\$ 28.42	05/31/2007	X	0	05/31/2011	05/31/2017	Common	240	\$
Incentive Stock Option	\$ 28.42	05/31/2007	X	0	05/31/2012	05/31/2017	Common	240	\$

Reporting Owners

Relationships

Reporting Owner Name / Address

Reporting Owners 3

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Director $\frac{10\%}{\text{Owner}}$ Officer Other

JONES TOMMIE SIMMONS FIRST NATIONAL CORP 501 MAIN STREET PINE BLUFF, AR 71611

Retired

Signatures

/s/ Tommie K. Jones by Piper P. Erwin

03/08/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4