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McCormick Ste Form 4 March 31, 2009										
FORM 4	4 UNITED	STATES					COMMISSION		PPROVAL 3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 Eiled pursuant to Sec				SECU	Number: Expires: Estimated burden hou response	January 31, 2005 average ırs per				
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type Resp	oonses)									
1. Name and Address of Reporting Person <u>*</u> McCormick Steven			2. Issuer Name and Ticker or Trading Symbol WEIGHT WATCHERS INTERNATIONAL INC [WTW]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 11 MADISON	. , , ,	(Middle) 3. Date o (Month/I			ransaction	[""]	Director 10% Owner X Officer (give title Other (specify below) below) President, N. America			
		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person				
NEW YORK, N	NY 10010						Form filed by Person	More than One R	eporting	
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivative	Securities A	cquired, Disposed o	of, or Beneficia	lly Owned	
	'ransaction Date onth/Day/Year)	Execution any	Date, if	3. Transactio Code (Instr. 8)	Disposed (Instr. 3, 4	(A) or of (D) 4 and 5) (A) or	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	. 1	C 1 1	c	Code V		(D) Price				
Reminder: Report of	on a separate line	e for each cla	ass of sec	urities bene	Perso	ns who res	or indirectly. pond to the colle ained in this form		SEC 1474 (9-02)	

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and Expiration	7. Title and
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Date	Underlying
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and

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(Instr. 3)	Price of Derivative Security		(M	onth/Day/Year) (Instr.	8)	Acquired or Dispose (D) (Instr. 3, 4 and 5)	ed of			
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title
Non-Qualified Stock Option (right to buy)	\$ 19.74	03/27/20)09		А		11,250		03/27/2012 <u>(1)</u>	03/27/2019	Common Stock
Restricted Stock Unit Award	(2)	03/27/20)09		А		938		03/27/2012(3)	03/27/2012 <u>(3)</u>	Common Stock
Reporting Owners											
Reporting Owner Name / Address				Relationships							
			Director	10% Owner	Officer				Other		
McCormick Ste 11 MADISON NEW YORK, N	AVE., 17TH I	FLOOR			Presic	len	t, N. Ame	erica			

Signatures

/s/ Stephanie Delavale, Attorney-In-Fact For: Steven McCormick	03/31/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Non-Qualified Stock Options granted on March 27, 2009 will vest at 100% on March 27, 2012.
- (2) Each Restricted Stock Unit represents a contingent right to receive one share of common stock.
- (3) Restricted Stock Units granted on March 27, 2009 will vest at 100% on March 27, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.