UKROP JAMES E Form 4 April 25, 2003

FORM 4

_ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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OMB APPROVAL

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Ad Ukrop James E			me and Tio Iinor, Inc.		Pe	6. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
(Last) 4800 Cox Rd.	3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary)					tatement for nth/Day/Year // 03	10	Director O Owner Officer (give title below) Dther (specify below)					
(Street) Glen Allen, VA 23060										7. Individual or Joint/Group Filing (Check Applicable Line) <u>X</u> Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I Non-Derivative Securities Acquired, Dis							posed of, or Beneficially Owned			
	Title of ecurity2. Trans- action2A. Deemed Execution		3. Trans action Code (Instr. 8 Code		4. Securitie or Dispose (Instr. 3, 4 Amount	d of (D & 5) (A) or		5. Amount of Securities Beneficially Owned Follow- ing Reported Transactions(s)		6. Owner-7. Nature of ship Form: Indirect Direct (D) Beneficial or Indirect (I) Ownership (Instr. 4) (Instr. 4)			
Common Stock	04/24/03		A		812	(D) A	\$18.4	(Instr. 3 & 4) 8	58028	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

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FORM 4 (continued) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible see	ecurities)
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1. Title of	2. Conver-	3. Trans-	3A.	4.	5.	6. Date Exercisable	7. Title and	8. Price of	9. Number of	10.	11. Nature
Derivative	sion or	action	Deemed	Trans-	Number	and Expiration	Amount of	Derivative	Derivative	Owner-	of Indirect
Security	Exercise	Date	Execution	action	of	Date	Underlying	Security	Securities	ship	Beneficial
	Price of		Date,	Code	Derivativ	(Month/Day/	Securities	(Instr. 5)	Beneficially	Form	Ownership
(Instr. 3)	Derivative	(Month/	if any		Securities	Year)	(Instr. 3 & 4)		Owned	of Deriv-	(Instr. 4)
	Security	Day/	(Month/	(Instr.	Acquired				Following	ative	
		Year)	•	8)	(A) or				Reported	Security:	
			Year)		Disposed				Transaction(s)	Direct	

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				of (D (Instr 4 & 5	. 3,						(, ,	(D) or Indirect (I)	
			Code V	7 (A)		Exer-cisable	Expira- tion Date		Amount or Number of Shares			(Instr. 4)	
Stock Option	\$18.48	04/24/03	A	5000		04/24/03		Common Stock	5000	\$18.48	20000	D	

Explanation of Responses:

By: /s/ James E. Ukrop

<u>04/25/03</u> Date

**Signature of Reporting Person

**Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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