

SODERSTROM S CARL JR
 Form 4
 December 15, 2004

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 SODERSTROM S CARL JR

2. Issuer Name and Ticker or Trading Symbol
 ARVINMERITOR INC [ARM]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 ARVINMERITOR, INC., 2135
 WEST MAPLE ROAD

3. Date of Earliest Transaction
 (Month/Day/Year)
 12/14/2004

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Sr. VP and CFO

(Street)
 TROY, MI 48084-7186

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock					3,202	I	ArvinMeritor Savings Plan <u>(1)</u>
Common Stock	12/14/2004	12/15/2004	J <u>(2)</u>	323 A	\$ 21 68,078	I	Restricted Stock <u>(3)</u>
Common Stock					75	I	Rockwell Savings Plan <u>(4)</u>
Common Stock					11,586	I	Deferred issuance <u>(5)</u>

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Acquisition of additional shares of restricted stock through reinvestment of quarterly dividend, based on information provided by restricted stock plan administrator.

- (3) Held by the issuer to implement restrictions on transfer unless and until certain conditions are met.

Shares represented by ArvinMeritor stock fund units under the Rockwell Automation Savings Plans, based on information furnished by the Plan Administrator as of November 30, 2004. The shares represented by ArvinMeritor stock fund units are held in an employee benefit trust established thereunder.

- (5) Pursuant to agreement with the issuer, delivery of common stock is deferred until after termination of employment.

- (6) Share equivalents related to ArvinMeritor common stock, held under ArvinMeritor's supplemental savings plan, based on information furnished by the Plan Administrator as of December 3, 2004.

- (7) Inapplicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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