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NELSON M	IARK W											
Form 4												
January 04,												
FORM	14 UNITED	STATES						NGE C	OMMISSION	OMB AF	PROVAL 3235-0287	
Check th	uis box		Wa	shing	ton,	D.C. 20	549			Number:		
if no lon subject t Section Form 4 o Form 5	F CHAN Section 1	SEC	CUR	Expires: January 31, 2005 Estimated average burden hours per response 0.5								
obligatic may con <i>See</i> Instr 1(b).	ons Section 17(a) of the l		tility l	Hold	ling Cor	npan	y Act of	1935 or Section	l		
(Print or Type	Responses)											
1. Name and Address of Reporting Person <u>*</u> NELSON MARK W			2. Issuer Name and Ticker or Trading Symbol COLUMBIA BANKING SYSTEM INC [COLB]					-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
<i></i>			-	-								
(Last) (First) (Middle) 1301 A STREET, STE. 800, MS-3100			3. Date of Earliest Transaction (Month/Day/Year) 06/30/2005						Director 10% Owner XOfficer (give title Other (specify below) below) Executive Vice President			
Filed()				led(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
TACOMA,	WA 98402-4200								Person		porting	
(City)	(State)	(Zip)	Tab	le I - N	on-D) erivative	Secu	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		n Date, if	3. Trans Code (Instr.		4. Securi n(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	01/03/2006			Code P	V	Amount 136	(D) A	Price \$	(Inst. 3 and 4) 1,583 (<u>1)</u>	D		
Stock Common Stock	06/30/2005			Р		136	А	21.924 \$ 22.158	1,447 <u>(1)</u>	D		
Common Stock	12/31/2004			Ι	V	56	А	\$ 24.7	56	I	401(k)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	TransactionNumber		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Ar or Nu of
Non-Qualified Stock Option (Right to Buy)	\$ 10.68					10/23/2005	10/23/2010	Non-Qualified Stock Option	10

Reporting Owners

Reporting Owner Name / Address			Relationships					
1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Director	10% Owner	Officer	Other				
NELSON MARK W 1301 A STREET, STE. 800 MS-3100 TACOMA, WA 98402-4200			Executive Vice President					
Signatures								
Cathleen Dent 0	1/04/2006							

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This was an ESPP purchase.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.