Edgar Filing: MOSS ROBERT J - Form 4

MOSS ROB	ERT J										
Form 4 October 29	2010										
October 29, 2010									OMB APPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMMISSION	OMB Number:	3235-0287		
Check th if no long subject to Section 1 Form 4 c Form 5	ger STATEN 16. pr									Expires:January 31, 2005Estimated average burden hours per response0.5	
obligatio may con <i>See</i> Instr 1(b).	ns Section 17(a	Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type]	Responses)										
MOSS ROBERT J Syn			Symbol	r Name and THCARE			0	5. Relationship of Reporting Person(s) to Issuer			
			GROUP INC [HCSG]					(Check all applicable)			
(Mon				Date of Earliest Transaction Ionth/Day/Year))/27/2010				X_ Director10% Owner Officer (give titleOther (specify below) below)			
300 TILLI		1112	10/2//2	010							
	(Street)	(Street) 4. If Amend Filed(Month			-	ıl		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
BENSALE	M, PA 19020							Form filed by M Person			
(City)	(State)	(Zip)	Tab	le I - Non-E	Derivative	Secur	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date,		n Date, if	Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common stock	10/27/2010			M	5,228	A	\$ 9.1022	5,228	D		
Common stock	10/27/2010			S	5,228	D	\$ 23.98	0	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactie Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (It
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock option	\$ 9.1022	10/27/2010		М	5,228	06/27/2005	12/27/2014	common stock	5,228	

Reporting Owners

Reporting Owner Name / Addro	266	Relationships							
	Director	10% Owner	Officer	Other					
MOSS ROBERT J 3220 TILLMAN DRIVE SUITE 300 BENSALEM, PA 19020	X								
Signatures									
/s/ Robert J. Moss	10/29/2010								
**Signature of Reporting Person	Date								

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.