HIGHWOODS PROPERTIES INC

Form 4 March 03, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

2005 Estimated average burden hours per response... 0.5

Expires:

5 Relationship of Reporting Person(s) to

OMB APPROVAL

3235-0287

January 31,

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2 Jaguar Nama and Tiakar or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

Miller Jeffrey Douglas			_	2. Issuer Name and Ticker or Trading Symbol HIGHWOODS PROPERTIES INC [HIW]					Issuer (Check all applicable)			
(Last) (First) (Middle) 3100 SMOKETREE COURT, SUITE 600			Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/01/2017						Director 10% Owner Second		
(Street) RALEIGH, NC 27604				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
	(City)	(State)	Table I - Non-Derivative Securities Acq					ties Acqu	uired, Disposed of, or Beneficially Owned			
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or					5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	Common Stock (1)	03/01/2017	03/01/20)17	Code	V	Amount 8,608	(D)	Price \$ 0	74,266	D	
	Common Stock (2)	03/01/2017	03/01/20)17	A		2,599	A	\$0	76,865	D	
	Common Stock (3)	03/01/2017	03/01/20)17	F		4,635	D	\$ 0	72,230	D	
	Common Stock	03/01/2017	03/01/20)17	M		3,690	A	\$ 36.5	75,920	D	
	Common Stock	03/01/2017	03/01/20)17	M		3,676	A	\$ 37.71	79,596	D	

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Common Stock	03/01/2017	03/01/2017	M	4,214	A	\$ 45.61	83,810	D
Common Stock	03/01/2017	03/01/2017	M	5,829	A	\$ 43.55	89,639	D
Common Stock	03/01/2017	03/01/2017	S	17,409	D	\$ 52.26 (4)	72,230	D
Common Stock	03/02/2017	03/02/2017	S	1,000	D	\$ 52.21 (5)	71,230	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee Stock Option (right to buy)	\$ 52.49	03/01/2017	03/01/2017	A	16,500		<u>(6)</u>	02/28/2027	Common Stock	16,50
Employee Stock Option (right to buy)	\$ 36.5	03/01/2017	03/01/2017	M		3,690	<u>(6)</u>	02/28/2020	Common Stock	3,69
Employee Stock Option (right to buy)	\$ 37.71	03/01/2017	03/01/2017	M		3,676	<u>(6)</u>	02/28/2024	Common Stock	3,67
Employee Stock Option	\$ 45.61	03/01/2017	03/01/2017	M		4,214	<u>(6)</u>	02/27/2025	Common Stock	4,21

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(right to buy)

Employee

Stock Option

(right to buy)

\$ 43.55 03/01/2017 03/01/2017

M

5,829

Sec.

02/28/2026

Common

Stock

5,82

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Miller Jeffrey Douglas 3100 SMOKETREE COURT, SUITE 600 RALEIGH, NC 27604			EVP, General Counsel &					
KALEIOH, NC 27004			Caa					

Signatures

/s/Jeffrey D. 03/03/2017 Miller

**Signature of Reporting Person

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Consists of time-based restricted stock that vests ratably over four years on March 1st of each year after the grant date and total (1) return-based restricted stock that vests at the end of the applicable measurement period to the extent actual performance exceeds certain levels of performance.
- Represents the number of shares earned under the Company's Long-Term Incentive Plan Total Shareholder Return Plan because the Company achieved above target levels of performance relative to predetermined goals.
- In accordance with the terms of the initial restricted stock award and in connection with the vesting of the award, the reporting person (3)tendered a portion of the restricted stock award to the issuer in satisfaction of tax liabilities.
- Represents the weighted average sale price. Sale prices range from \$52.10 \$52.61.
- Represents the weighted average sale price. Sale prices range from \$52.21 \$52.22.
- (6) Options vest ratably over four years on March 1st of each year after the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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