#### WEIGHT WATCHERS INTERNATIONAL INC

Form 4 April 08, 2008

## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

**OMB APPROVAL** 

January 31,

Check this box if no longer subject to Section 16.

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Expires: 2005 Estimated average burden hours per 0.5 response...

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * Semmelbauer Thilo |                  |          | 2. Issuer Name and Ticker or Trading<br>Symbol<br>WEIGHT WATCHERS<br>INTERNATIONAL INC [WTW] | 5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)                          |  |  |
|---|------------------|----------|--|---|--|--|
| (Last)  11 MADISON FLOOR                                    | (First)  AVENUE, | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year) 04/07/2008                                  | Director 10% Owner Selection Other (specify below) COO  |  |  |
|   | (Street)         |          | 4. If Amendment, Date Original Filed(Month/Day/Year)   | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person |  |  |
| NEW YORK, NY 10010  |                  |          |  | Form filed by More than One Reporting Person  |  |  |

(State)

(Zip)

(City)

|                                      |   |  |                                |        |   |             | ,  | ,  | • |
|--------------------------------------|---|--|--------------------------------|--------|---|-------------|--|--|---|
| 1.Title of<br>Security<br>(Instr. 3) | 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year) |  | Transaction(A) or Code (Instr. |        | Securities Acquired or Disposed of (D) str. 3, 4 and 5) |             | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) |   |
|                                      |   |  | Code V                         | Amount | (A)<br>or<br>(D)  | Price       | Reported<br>Transaction(s)<br>(Instr. 3 and 4)                   |  |   |
| Common<br>Stock                      | 04/07/2008  |  | M                              | 100    | A   | \$<br>36.71 | 856  | D  |   |
| Common<br>Stock                      | 04/07/2008  |  | S <u>(1)</u>                   | 100    | D   | \$<br>47.99 | 756  | D  |   |
| Common<br>Stock                      | 04/08/2008  |  | M                              | 500    | A   | \$<br>36.71 | 1,256  | D  |   |
| Common<br>Stock                      | 04/08/2008  |  | S <u>(1)</u>                   | 500    | D   | \$<br>47.56 | 756  | D  |   |
| Common<br>Stock                      | 04/08/2008  |  | M                              | 300    | A   | \$<br>36.71 | 1,056  | D  |   |

| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 300 | D | \$<br>47.66 | 756   | D |
|-----------------|------------|--------------|-----|---|-------------|-------|---|
| Common<br>Stock | 04/08/2008 | M            | 100 | A | \$<br>36.71 | 856   | D |
| Common<br>Stock | 04/08/2008 | S(1)         | 100 | D | \$<br>47.72 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 300 | A | \$<br>36.71 | 1,056 | D |
| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 300 | D | \$<br>47.86 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 100 | A | \$<br>36.71 | 856   | D |
| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 100 | D | \$<br>47.96 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 200 | A | \$<br>36.71 | 956   | D |
| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 200 | D | \$<br>47.99 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 200 | A | \$<br>36.71 | 956   | D |
| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 200 | D | \$<br>48.01 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 200 | A | \$<br>36.71 | 956   | D |
| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 200 | D | \$<br>48.03 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 100 | A | \$<br>36.71 | 856   | D |
| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 100 | D | \$<br>48.04 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 100 | A | \$<br>36.71 | 856   | D |
| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 100 | D | \$<br>48.06 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 200 | A | \$<br>36.71 | 956   | D |
| Common<br>Stock | 04/08/2008 | S <u>(1)</u> | 200 | D | \$<br>48.07 | 756   | D |
| Common<br>Stock | 04/08/2008 | M            | 156 | A | \$<br>36.71 | 912   | D |
|                 | 04/08/2008 | S(1)         | 156 | D |             | 756   | D |

Common \$ Stock 48.16

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | Transaction  Code D  (Instr. 8) S  A  (A | ctionof Expiration Date Under Derivative (Month/Day/Year) (Instr. |                  | Expiration Date    |                 | and Amou<br>ing Securi<br>and 4) |  |
|---|---|---|---|--|---|------------------|--------------------|-----------------|----------------------------------|--|
|   |   |   |   | Code V (A                                | A) (D)  | Date Exercisable | Expiration<br>Date | Title           | Amo<br>or<br>Num<br>of<br>Shar   |  |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 36.71  | 04/07/2008                              |   | M  | 400   | 05/12/2005(2)    | 05/12/2014         | Common<br>Stock | 40                               |  |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 36.71  | 04/07/2008                              |   | M  | 200   | 05/12/2005(2)    | 05/12/2014         | Common<br>Stock | 20                               |  |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 36.71  | 04/07/2008                              |   | M  | 100   | 05/12/2005(2)    | 05/12/2014         | Common<br>Stock | 10                               |  |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 36.71  | 04/07/2008                              |   | M  | 100   | 05/12/2005(2)    | 05/12/2014         | Common<br>Stock | 10                               |  |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 36.71  | 04/07/2008                              |   | M  | 100   | 05/12/2005(2)    | 05/12/2014         | Common<br>Stock | 10                               |  |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 36.71  | 04/07/2008                              |   | M  | 100   | 05/12/2005(2)    | 05/12/2014         | Common<br>Stock | 10                               |  |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 36.71  | 04/07/2008                              |   | M  | 200   | 05/12/2005(2)    | 05/12/2014         | Common<br>Stock | 20                               |  |

| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 200 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 20 |
|---|----------|------------|---|-----|---------------|------------|-----------------|----|
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 300 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 30 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 200 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 20 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 400 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 40 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 36.71 | 04/07/2008 | M | 300 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 30 |
| Non-Qualified<br>Stock Option                   | \$ 36.71 | 04/07/2008 | M | 100 | 05/12/2005(2) | 05/12/2014 | Common<br>Stock | 10 |

| ~~~~~              |
|--------------------|
| Common 30<br>Stock |
| Common<br>Stock    |
| Common 10<br>Stock |
| Common 10<br>Stock |
| Common 30<br>Stock |
| Common 20<br>Stock |
| Common 10<br>Stock |
| Common<br>Stock    |
|                    |

# **Reporting Owners**

| Reporting Owner Name / Address | Relationships |           |         |      |  |  |  |
|--------------------------------|---------------|-----------|---------|------|--|--|--|
| 1 0                            | Director      | 10% Owner | Officer | Othe |  |  |  |
| Semmelbauer Thilo              |               |           |         |      |  |  |  |
| 11 MADISON AVENUE              |               |           | COO     |      |  |  |  |
| 17TH FLOOR                     |               |           | COO     |      |  |  |  |
| NEW YORK, NY 10010             |               |           |         |      |  |  |  |

## **Signatures**

Thilo

Semmelbauer 04/08/2008

\*\*Signature of Pate Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 5

- (1) The sale was made pursuant to a previously adopted trading plan dated February 21, 2008 intended to comply with Rule 10b5-1. The plan was adopted to exercise stock options to diversify my holdings for financial and estate planning purposes.
- Options for 100,000 shares were granted on May 12, 2004 that vest on the following schedule: 20% on May 12, 2005; 20% on May 12, 2006; 20% on May 12, 2007; 20% on May 12, 2008; 20% on May 12, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.