NBT BANCORP INC

Form 4

January 17, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

Expires:

January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction

30(h) of the Investment Company Act of 1940 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * LEVY JEFFREY M

(First)

(Street)

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

(Last)

NBT BANCORP INC [NBTB]

(Check all applicable)

52 SOUTH BROAD STREET

(Middle) 3. Date of Earliest Transaction

(Month/Day/Year)

Director

10% Owner _ Other (specify

01/15/2014

_X__ Officer (give title below) below)

EVP/ Pres Commercial Banking 6. Individual or Joint/Group Filing(Check

4. If Amendment, Date Original

Filed(Month/Day/Year)

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

NORWICH, NY 13815

(City)	(State)	(Zip) Tabl	e I - Non-I	Derivative	Secur	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		spose	Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	01/15/2014		F	333	D	\$ 25.09	43,197.032	D	

NBT

Inc.

Bancorp

F 01/15/2014 782 \$ 25.09 42,415.032 D

Common

Stock

NBT 01/15/2014 F 326 D \$ 25.09 42,089.032 D

Bancorp

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Inc. Common Stock								
NBT Bancorp Inc. Common Stock	01/17/2014	S	2,527	D	\$ 25.121 (1)	39,562.032	D	
NBT Bancorp Inc. Common Stock						4,599.239	I	401k
NBT Bancorp Inc. Common Stock						1,080.335	I	NBT Bancorp ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Stock Option

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	action Date 3A. Deemed 4. 5. 6. Date Exercisable and Day/Year) Execution Date, if TransactionNumber Expiration Date any Code of (Month/Day/Year) (Instr. 8) Derivative Securities Acquired (A) or Disposed			7. Title and A Underlying S (Instr. 3 and	Securitie		
					of (D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 20.19					01/15/2011(2)	01/15/2020	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified	\$ 20.3617					01/15/2009(3)	01/15/2018	NBT	7,50

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(right to buy)				Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.352	01/01/2007(3)	01/01/2016	NBT Bancorp Inc. Common Stock	5,00
Non-Qualified Stock Option (right to buy)	\$ 23.293	10/01/2006(3)	10/01/2015	NBT Bancorp Inc. Common Stock	20,00
Non-Qualified Stock Option (right to buy)	\$ 25.38	01/15/2010(2)	01/15/2019	NBT Bancorp Inc. Common Stock	13,00
Non-Qualified Stock Option (right to buy)	\$ 25.762	01/01/2008(3)	01/01/2017	NBT Bancorp Inc. Common Stock	9,00

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LEVY JEFFREY M 52 SOUTH BROAD STREET NORWICH, NY 13815

EVP/ Pres Commercial Banking

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Jeffrey M.

Levy 01/17/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The sale price is an average of 32 shares sold at \$25.02, 68 shares sold at \$25.03, 100 shares sold at \$100, 300 shares sold at \$25.07, 537 (1) shares sold at \$25.08, 277 shares sold at \$25.13, 100 shares sold at \$25.14, 100 shares sold at \$25.145, 400 shares sold at \$25.15, 200 shares sold at \$25.16, 100 shares sold at \$25.17, 113 shares sold at \$25.20 and 100 shares sold at \$25.21.
- (2) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (3) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 3

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