Edgar Filing: Nester Paul W - Form 4

Nester Paul Form 4 February 07											
FORM	OMB APPROVAL										
	UNITED	STATES S		TIES A			NGE C	OMMISSION	OMB Number:	3235-0287	
Check the check	ger								Expires:	January 31,	
if no longer subject to STATEMENT OF CHAN				GES IN BENEFICIAL OWNERSHI				NERSHIP OF	Estimated a	2005 Iverage	
Section		SECURITIES						burden hours per			
Form 4 Form 5	Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,							A at af 1024	response 0.5		
obligatio	-						•	1935 or Section			
may con	iunue.		of the Invo	•	•	· ·	•		L		
<i>See</i> Instr 1(b).	ruction				comput			~			
(Print or Type	Responses)										
Nester Paul W Symbol				8			5. Relationship of Reporting Person(s) to Issuer				
				RESOURCES INC [RGCO]				(Chask all applicable)			
(Last)	(First) (I	Middle) 3	3. Date of E	Earliest Tra	ansaction			(Check	all applicable))	
(Month/I				n/Day/Year)			Director 10% Owner				
			02/05/201					XOfficer (give title Other (specify below)			
								· · · · · · · · · · · · · · · · · · ·	er, Secretary &	CFO	
	(Street)	4	4. If Amend	lment, Dat	te Origina	1		6. Individual or Joi	int/Group Filing	g(Check	
Filed(Mon			Filed(Month	Ionth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person			
DOANOVI								_X_ Form filed by O			
KUANUKI	E, VA 24030							Person	Ĩ	C	
(City)	(State)	(Zip)	Table	I - Non-D	erivative	Secur	ities Acqu	uired, Disposed of,	or Beneficiall	y Owned	
1.Title of	2. Transaction Date	2A. Deemee	ed 3	3.	4. Securit	ies Ad	cquired	5. Amount of	6.	7. Nature of	
Security	(Month/Day/Year)	Execution I		Fransaction		-		Securities	Ownership	Indirect	
(Instr. 3)		any (Month/Day		Code (Instr. 3, 4 and 5) (Instr. 8)			5)	Beneficially Owned	Form: Direct Ben (D) or Own	Beneficial Ownership	
		(<i>j,)</i> (Following	Indirect (I)	(Instr. 4)	
						(A)		Reported Transaction(s)	(Instr. 4)		
				Cala V	A	or	р.	(Instr. 3 and 4)			
Common				Code V		(D)	Price \$				
Stock	02/05/2018		1	$M^{(1)}$	1,200	А	φ 12.673	12,457.635	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	 5. Number action f Derivative Securities 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) 		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 12.673	02/05/2018		М		1,200	10/01/2013	04/01/2023	Common Stock	1,200

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
Nester Paul W			VP, Treasure	r,				
P.O. BOX 13007			Secretary &					
ROANOKE, VA 24030			CFO					
Signatures								

Paul W. Nester 02/07/2018

**Signature of Reporting Person

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Exercise of options granted 04/01/2013. All options fully exercisable six months after date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.