SWIFT ENERGY CO Form 4 April 03, 2017

Check this box

if no longer

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

3235-0287 Number: January 31, Expires:

2005

OMB APPROVAL

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to **SECURITIES** Section 16.

Estimated average burden hours per

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

1(b).

Common

Stock

03/31/2017

(Print or Type Responses)

1. Name and Ad Van Riet Ger	erson * 2. Issu Symbol		Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer				
(T.) (F.11)				CO [SWTF]	(Check all applicable)			
(Last)	(First) (M	iddle) 3. Date	of Earliest Tr	ansaction				
		(Month	/Day/Year)		Director		Owner	
575 N. DAIRY ASHFORD, STE.		TE. 03/31/	2017		Officer (give below)	e title Other	er (specify	
1200					E	VP AND CFO		
	(Street)	4. If An	nendment, Da	te Original	6. Individual or Joint/Group Filing(Check			
	Filed(M	onth/Day/Year)	Applicable Line)				
					X Form filed by One Reporting Person			
HOUSTON,				Form filed by More than One Reporting Person				
(City)	(State) (Z	Zip) Ta	ble I - Non-D	Perivative Securities Acq	quired, Disposed o	of, or Beneficial	lly Owned	
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6. Ownership	7. Nature of	
Security		Execution Date, i		on(A) or Disposed of	Securities	Form: Direct	Indirect	
(Instr. 3)		any	Code	(D)	Beneficially	(D) or	Beneficial	
(•		(Instr 3 4 and 5)	Owned	Indirect (I)	Ownership	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $P^{(1)}$

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Following

Reported

35,701

Transaction(s) (Instr. 3 and 4)

(A)

(D)

Price

27.2

Amount

605

(Instr. 4)

D

(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D)		ate	7. Title Amoun Underly Securiti (Instr. 3	t of ying es	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title N	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Van Riet Gerald Gleeson 575 N. DAIRY ASHFORD, STE. 1200 HOUSTON, TX 77079

EVP AND CFO

Signatures

/s/ VAN RIET G GLEESON 04/03/2017

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The purchase reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 16, 2017

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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