RCM TECHNOLOGIES INC Form 8-K November 20, 2012

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 16, 2012

RCM Technologies, Inc. (Exact Name of Registrant as Specified in Charter)

Nevada 1-10245 95-1480559 (State or Other (Commission File (I.R.S. Employer Jurisdiction of Number) Identification Incorporation) No.)

2500 McClellan Avenue, Suite 350
Pennsauken, NJ
08109-4613
(Address of Principal Executive Offices)
(Zip Code)

Registrant's telephone number, including area code: (856) 356-4500

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

[]	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425).
[]	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12).
[]	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act
	(17 CFR 240-14d-2(b)).
[]	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act
	(17 CFR 240-13e-4(c)).

Item Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers;
 5.02 Compensatory Arrangements of Certain Officers.

On November 16, 2012, the Compensation Committee of the Board of Directors of the Registrant awarded to the below-listed officers of the Registrant stock unit awards under the RCM Technologies, Inc. 2007 Omnibus Equity Compensation Plan. Such units are convertible into shares of common stock, par value \$0.05 per share, of the Registrant. The units shall become fully vested on November 16, 2015, subject to certain conditions as set forth in the form of Stock Unit Agreement attached hereto as Exhibit 99.1. All such agreements are identical except for the number of units covered thereby.

Name of	Number of
Officer	Units
Leon Kopyt	40,000
Rocco	35,000
Campanelli	
Kevin Miller	35,000
Michael Saks	15,000
Timothy	15,000
Brandt	

Item 9.01. Financial Statements and Exhibits.

(a) Financial Statements of Businesses Acquired.

None.

(b) Pro Forma Financial Information.

None.

(c) Shell Company Transactions.

None.

(d) Exhibits.

Exhibit Number Exhibit Name 99.1 Form of Stock Unit Agreement

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

RCM TECHNOLOGIES, INC.

By:/s/ Kevin D. Miller Kevin D. Miller Chief Financial Officer, Treasurer and Secretary

Dated: November 20, 2012

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EXHIBIT INDEX

Exhibit Number Exhibit Name

99.1 Form of Stock Unit Agreement

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