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Check this box if no longer subject to SEction 16. Section 16. Number: Number: Expires: January 3: 200 Estimated average burden hours per									3235-0287 January 31, 2005 average irs per		
(Print or Type R	lesponses)										
HOPPER KENNETH C MD Sy A				2. Issuer Name and Ticker or Trading Symbol ARROW FINANCIAL CORP [AROW]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			(Month/Dav/Year)				X_Director10% Owner Officer (give titleOther (specify below) below)				
			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
CHESTERTOWN, NY 12817								Form filed by More than One Reporting Person			
(City)	(State) (Zip)	Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, any (Month/Day/Yea		n Date, if	3. Transactic Code (Instr. 8) Code V	onAcquired Disposed	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	01/21/2009			J <u>(1)</u>	0	А	\$0	59,851	D		
Common Stock	01/21/2009			J <u>(1)</u>	0	A	\$0	4,734	I	ESPP	
Common Stock	01/21/2009			J <u>(1)</u>	0	A	\$0	23,104	Ι	Wife's U/W Trust Acc't.	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. D S (I
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Director Stock Option (Right to Buy)	\$ 22.59	01/21/2009	A	1,000	01/21/2013	01/21/2019	Common Stock	1,000	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HOPPER KENNETH C MD HERMANUS ESTATE 257 FRIENDS LAKE ROAD CHESTERTOWN, NY 12817	Х						
Signatures							
Gerard R. Bilodeau, Attorney in Fact		01/22/2009)				

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Amount of securities beneficially owned.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.