Edgar Filing: ROGERS JAMES E - Form 4

DOCEDS IAMES E

Form 4											
April 27, 2009 FORM Check this	4 UNITED S	Washington, D.C. 20549									
if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). STATEMENT OF CHANGES IN BENEFICIAL O SECURITIES Filed pursuant to Section 16(a) of the Securities Exch Section 17(a) of the Public Utility Holding Company Act 30(h) of the Investment Company Act of						chang Act o	Estimated average burden hours per response nge Act of 1934, of 1935 or Section				
(Print or Type Re	esponses)										
1. Name and Ad ROGERS JA	Name and Ticker or Trading & MINOR INC/VA/ [OMI]				5. Relationship of Reporting Person(s) to Issuer(Check all applicable)						
(Last) (First) (Middle) 3. Date o 9120 LOCKWOOD BLVD. 04/24/2			-				Officer (give title Officer (specify below)				
			ndment, Date Original th/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
MECHANIC	SVILLE, VA 231	116					Person	More than One Re	eporting		
(City)	(State) (Z	Zip) Table	e I - Non-De	erivative S	ecuri	ties Aco	quired, Disposed o	f, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
Common Stock (1)	04/24/2009		A	2,363	A	\$0	30,233	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	of Deriv Secu Acqu (A) c Disp of (D	onNumber Expiration Date of (Month/Day/Yea		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of 9 Derivative 1 Security 9 (Instr. 5) 1 4) (
			Code V	4, an 7 (A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address								
	Director	10% Owner	Officer	Other				
ROGERS JAMES E 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116	Х							
Signatures								
James E. Rogers by Rosemarie W POA	04/27/2009							
**Signature of Reporting Person			Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock with one year vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.