BIERMAN JAMES L Form 4

# March 05, 2012 **FORM 4**

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB APPROVAL

OMB Number: 3235-0287 January 31,

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

Form 5 obligations may continue. *See* Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * BIERMAN JAMES L			2. Issuer Name <b>and</b> Symbol	d Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
(Lost)	(First)	(MGAHA)		OR INC/VA/ [OMI]	(Check	c all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest T	ransaction	D' '	100/ 0		
0120 1 0017	WOOD DOI	HEMADD	(Month/Day/Year)			title 10% Owner Country		
9120 LOCKWOOD BOULEVARD			03/01/2012		below)	below)		
					· · · · · · · · · · · · · · · · · · ·	of Operating Officer		
	(Street)		4. If Amendment, Da	ate Original	6. Individual or Jo	int/Group Filing(Check		
			Filed(Month/Day/Year	r)	Applicable Line)			
					_X_ Form filed by O	1 0		
MECHANIC	CSVILLE, V	A 23116			Form filed by M Person	ore than One Reporting		
(City)	(State)	(Zip)	Table I - Non-I	Derivative Securities Acq	uired, Disposed of,	, or Beneficially Owned		
1.Title of	2. Transaction	Date 2A. Dee	med 3.	4. Securities	5. Amount of	6. Ownership 7. Nature		

1.Title of Security	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3.	4. Securitie			5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect
(Instr. 3)	(Month/Day/Tear)	any	Code	Disposed of			Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 a	and 5)	)	Owned	Indirect (I)	Ownership
							Following Reported	(Instr. 4)	(Instr. 4)
					(A) or		Transaction(s)		
			Code V			Price	(Instr. 3 and 4)		
Common Stock	03/01/2012		A	1,678 A	A 5	\$ 0	45,498	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

#### Edgar Filing: BIERMAN JAMES L - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5.  onNumber of Derivative Securities Acquired (A) or Disposed of (D)		ate	7. Title a Amount of Underlying Securities (Instr. 3 a	of ng s	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5)  (A) (D)	Date Exercisable	Expiration Date	or Title Nu of	umber		

### **Reporting Owners**

Reporting Owner Name / Address	Relationships						
• 0	Director	10% Owner	Officer	Other			
BIERMAN JAMES L			EVP, Chief				
9120 LOCKWOOD BOULEVARD			Operating				
MECHANICSVILLE, VA 23116			Officer				

#### **Signatures**

James L. Bierman by Rosemarie W. France, POA 03/05/2012

\*\*Signature of Reporting Person Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock with three year vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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