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WHITTEM	ORE ANNE M									
Form 4										
April 30, 20)13									
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB APPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								NOMB Number:	3235-0287	
Check t								Expires:	January 31, 2005	
	if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF									
Section		SECURITIES								
Form 4										
Form 5 obligati							nge Act of 1934,			
may con				•	•	· ·	t of 1935 or Section	on		
See Inst		30(h) o	of the I	nvestmen	t Compai	ny Act of 1	1940			
1(b).										
(Print or Type	(Responses)									
× 51	1 /									
1. Name and	Person *	2. Issuer Name and Ticker or Trading			5. Relationship of Reporting Person(s) to					
WHITTEN		Symbol				Issuer				
		OWENS & MINOR INC/VA/ [OM				(Check all applicable)				
(Last) (First) (Middle) 3. Date o			Date of Earliest Transaction			(Check an applicable)				
		(Month/Day/Year)			_X_ Director 10% Owner					
C/O OWE	NS & MINOR, IN	IC., 9120	04/26/2	2013			Officer (giv	e title Oth below)	ner (specify	
LOCKWO	OD BLVD.						below)	Delow)		
(Street)			4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
			Filed(Month/Day/Year)				Applicable Line)			
							X Form filed by			
MECHAN	ICSVILLE, VA 2	3116					Person	More than One R	eporting	
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Securities A	Acquired, Disposed o	of, or Beneficia	lly Owned	
1.Title of	2. Transaction Date	2A. Deeme	d	3.	4. Securit	ies	5. Amount of	6. Ownership	7. Nature of	
Security	(Month/Day/Year)	Execution I	Date, if		onAcquired			Form: Direct	Indirect	
(Instr. 3)		any		Code	Disposed		•	(D) or Indirect		
		(Month/Da	y/Year)	(Instr. 8)	(Instr. 3, 4	4 and 5)		(I) (Instr. 4)	Ownership (Instr. 4)	
							Reported	(Instr. 1)	(Instr. 1)	
						(A) or	Transaction(s)			
				Code V	Amount	(D) Price	(Instr. 3 and 4)			
Damin Jam Da		- f			£					
Reminder: Re	eport on a separate line	e for each cla	iss of sec	urities bene	-	-	spond to the colle	ation of a	SEC 1474	
							tained in this form		(9-02)	
					requi	red to resp	ond unless the for	m	(, , , , , , , , , , , , , , , , , , ,	
							ntly valid OMB co	ntrol		
					numb	er.				

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8. Pric
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	Deriva
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Securi

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(Instr. 3)	Price of Derivative Security	(Month/Day/Yea	ur) (Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(Instr.
			Code V	(A) (D)) Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	04/26/2013	А	2,785	<u>(1)</u>	(1)	Common Stock	2,785	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	Director 10% Owner		Other			
WHITTEMORE ANNE M C/O OWENS & MINOR, INC. 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116	Х						
Signatures							
Anne Marie Whittemore by Roser POA	France,	04	4/30/2013				
**Signature of Reporting Per			Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The shares of phantom stock are convertible on a 1-for-1 basis and become payable, in cash or common stock, at the election of the (1) reporting person, upon the occurrence of one of the following (as elected in advance by the reporting person): (a) death, (b) disability, (c)
- termination of service as director, (d) specified future delivery date, or (e) the earliest to occur of (a), (b), (c) or (d). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays

a currently valid OMB number.