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OWENS & M Form 4 May 09, 2016	/INOR INC/VA/ 6											
FORM	14										PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287			
Check this box							Expires:	January 31,				
subject to Section 10 Form 4 or	if no longer subject to Section 16. Form 4 or						Estimated a burden hou	Estimated average burden hours per response 0.3				
Form 5 obligation may conti <i>See</i> Instru 1(b).	inue. Section 17(a) of the Pu		lity Ho	oldi	ng Com	pany	Act o	ge Act of 1934, f 1935 or Sectio 40	'n		
(Print or Type R	Responses)											
SLEDD ROBERT C Symbol			Symbol	Issuer Name and Ticker or Trading nbol VENS & MINOR INC/VA/ [OMI]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (M		3. Date of Earliest Transaction					(Cheo	(Check all applicable)			
C/O OWEN	S & MINOR, INC D BOULEVARD	C., 9120 (Month/Da 05/06/20	ay/Year)		iisaction			X Director Officer (give below)		b Owner er (specify	
(Street) 4. If Amendment, Filed(Month/Day/Y					Day/Year) Applicable Line) _X_ Form filed by					oint/Group Filing(Check One Reporting Person		
MECHANIC	CSVILLE, VA 23	116							Form filed by M Person	More than One Re	eporting	
(City)	(State) (A	Zip)	Table	I - Non	-De	rivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	Code (Instr. 3	8)		l (A) c l of (D 4 and (A) or	9) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock (1)	05/06/2016			Code A	V	Amount 2,824	(D) A	Price \$ 0		D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. tionNumber of) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Amou Unde Secur	le and unt of rlying rities : 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
		Code N	/ (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
SLEDD ROBERT C C/O OWENS & MINOR, INC. 9120 LOCKWOOD BOULEVARD MECHANICSVILLE, VA 23116	Х							
Signatures								
Robert C. Sledd by Rosemarie W. Fr POA	05/09/2016							
**Signature of Reporting Person		Da	te					
Explanation of Responses:								

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock with one year vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.