HEALY EDWIN D

Form 4 June 15, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

HEALY EDWIN D			Symbol KADANT INC [KAI]				C	Issuer (Check all applicable)			
(Month/E				Date of Earliest Transaction Ionth/Day/Year) 5/13/2006					Director 10% Owner Other (specify below)		
ACTON, M		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	Table	e I - Non	-De	erivative	Secur	ities Acq	uired, Disposed o	of, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	ar) Execution	emed on Date, if /Day/Year)	3. Transac Code (Instr. 8		4. Securi r(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	06/13/2006			Code M	V	Amount 25	(D)	Price \$ 13.05	1,583	D	
Common Stock	06/13/2006			S		25	D	\$ 21.4	1,558	D	
Common Stock	06/13/2006			M		37	A	\$ 13.05	1,595	D	
Common Stock	06/13/2006			S		37	D	\$ 21.37	1,558	D	
Common Stock	06/13/2006			M		37	A	\$ 13.05	1,595	D	

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Common Stock	06/13/2006	S	37	D	\$ 21.31	1,558	D
Common Stock	06/13/2006	M	50	A	\$ 13.05	1,608	D
Common Stock	06/13/2006	S	50	D	\$ 21.3	1,558	D
Common Stock	06/13/2006	M	50	A	\$ 13.05	1,608	D
Common Stock	06/13/2006	S	50	D	\$ 21.29	1,558	D
Common Stock	06/13/2006	M	25	A	\$ 13.05	1,583	D
Common Stock	06/13/2006	S	25	D	\$ 21.28	1,558	D
Common Stock	06/13/2006	M	12	A	\$ 13.05	1,570	D
Common Stock	06/13/2006	S	12	D	\$ 21.27	1,558	D
Common Stock	06/13/2006	M	12	A	\$ 13.05	1,570	D
Common Stock	06/13/2006	S	12	D	\$ 21.26	1,558	D
Common Stock	06/13/2006	M	62	A	\$ 13.05	1,620	D
Common Stock	06/13/2006	S	62	D	\$ 21.25	1,558	D
Common Stock	06/13/2006	M	12	A	\$ 13.05	1,570	D
Common Stock	06/13/2006	S	12	D	\$ 21.23	1,558	D
Common Stock	06/13/2006	M	37	A	\$ 13.05	1,595	D
Common Stock	06/13/2006	S	37	D	\$ 21.21	1,558	D
Common Stock	06/13/2006	M	50	A	\$ 13.05	1,608	D
Common Stock	06/13/2006	S	50	D	\$ 21.2	1,558	D
Common Stock	06/13/2006	M	37	A	\$ 13.05	1,595	D
	06/13/2006	S	37	D		1,558	D

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Common Stock					\$ 21.19		
Common Stock	06/13/2006	M	12	A	\$ 13.05	1,570	D
Common Stock	06/13/2006	S	12	D	\$ 21.18	1,558	D
Common Stock	06/13/2006	M	25	A	\$ 13.05	1,583	D
Common Stock	06/13/2006	S	25	D	\$ 21.16	1,558	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transactionof		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					of (D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right To Buy)	\$ 13.05	06/13/2006		M	483	12/10/2001	12/10/2008	Common Stock	483

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
HEALY EDWIN D			Vice President					
ONE ACTON PLACE								
SUITE 202								

Reporting Owners 3

ACTON, MA 01720

Signatures

by Sandra L. Lambert for Edwin D. Healy 06/15/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4