Registrant s telephone number, inclu	ding area code:	(972) 673-2000
(Address of principal executive offices)		(Zip code)
Plano, Texas		75024
Suite 3000		
5100 Tennyson Parkway		Identification No.)
<b>1-12935</b> (Commission File Number)		<b>20-0467835</b> (I.R.S. Employer
1 12025	of incorporation or organization)	20 04/7925
	<b>Delaware</b> (State or other jurisdiction	
(Exact name of Registrant as specified	d in its charter)	
DENBURY RESOURCES IN	NC.	
Date of Report (Date of earliest ever	nt reported): February 22, 2006	
SECURITIES EXCHANGE ACT (	DF 1934	
TO SECTION 13 OR 15(D) OF TH	E	
CURRENT REPORT PURSUANT		
FORM 8-K		
WASHINGTON, DC 20549		
SECURITIES AND EXCHANGE (	COMMISSION	
UNITED STATES		
February 24, 2006		
DENBURY RESOURCES ING Form 8-K	C	

	N/A
(Fo	rmer name or former address, if changed since last report)
	eck the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of following provisions ( <i>see</i> General Instruction A.2. below):
o	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
0	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
o	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
0	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### Section 2 Registrant s Business and Operations

#### Item 1.01. Entry into a Material Definitive Agreement.

On February 22, 2006, the Compensation Committee of the Board of Directors of Denbury Resources Inc. (the Company) granted stock appreciation rights (SARs) to each of the six non-management directors under the Company s 2004 Omnibus Stock and Incentive Plan (the Plan) covering appreciation of the Company s common stock above \$27.03 per share. The SARs cover 3,000 shares of common stock of the Company and will be settled only in shares of the Company s common stock. The SARs vest 100% on the fourth anniversary of the date of grant and terminate on the tenth anniversary of the date of grant

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Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Denbury Resources Inc.

(Registrant)

Date: February 24, 2006

By: <u>/s/ Phil Rykhoek</u>

Phil Rykhoek

Senior Vice President & Chief

Financial Officer