UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	Washington, D.C. 20549	
	Form 8-K	
	T PURSUANT TO SECTION URITIES EXCHANGE ACT O	
Date of Report (Date of earliest event reported):	February 28, 2006	
(Exact Name	First Bancorp of Registrant as Specified in its	s Charter)
North Carolina (State or Other Jurisdiction of Incorporation)	0-15572 (Commission File Number)	56-1421916 (I.R.S. Employer Identification Number)
341 North Main Street, Troy, North Carolin (Address of Principal Executive Offices)	a	27371 (Zip Code)
	(910) 576-6171	
(Registrant'	s telephone number, including a	area code)

Not Applicable	

(Former Name or Former Address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:
o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

First Bancorp

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Item 7.01 — Regulation FD Disclosure

On February 28, 2006, the Registrant issued a news release to announce that its Board of Directors had declared a cash dividend of 18 cents per share payable on April 25, 2006 to shareholders of record as of March 31, 2006. The 18 cents per share dividend rate represents a 5.9% increase over the dividend rate declared in the same period of 2005. The news release is attached hereto as Exhibit 99(a) and is incorporated by reference.

Item 9.01 - Financial Statements and Exhibits

Exhibit 99(a) - News Release dated February 28, 2006

Disclosures About Forward Looking Statements

The discussions included in this document and its exhibits may contain forward looking statements within the meaning of the Private Securities Litigation Act of 1995, including Section 21E of the Securities Exchange Act of 1934 and Section 27A of the Securities Act of 1933. Such statements involve known and unknown risks, uncertainties and other factors that may cause actual results to differ materially. For the purposes of these discussions, any statements that are not statements of historical fact may be deemed to be forward looking statements. Such statements are often characterized by the use of qualifying words such as "expects," "anticipates," "believes," "estimates," "plans," "proje or other statements concerning opinions or judgments of the Company and its management about future events. The accuracy of such forward looking statements could be affected by such factors as, including but not limited to, the financial success or changing conditions or strategies of the Company's customers or vendors, fluctuations in interest rates, actions of government regulators, the availability of capital and personnel or general economic conditions.

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

First Bancorp

February 28, 2006

By: /s/ James H. Garner James H. Garner President and Chief Executive Officer

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