### STERLING BANCORP Form 8-K November 19, 2004

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

#### CURRENT REPORT

Pursuant To Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event repor	rted) November 18, 2004
COMMISSION FILE NUMBER:	1-5273-1
Sterling Bancorp	
(Exact name of Registrant as specified in its charter)	
New York	13-2565216
(State of other jurisdiction of incorporation)	(IRS Employer Identification No.)
650 Fifth Avenue, New York, New York	10019-6108
(Address of principal executive offices)	(Zip Code)
(212) 757-3300	
(Registrant's telephone number, including area code)	
N/A	
(FORMER NAME, FORMER ADDRESS AND FORMER FISCAL YEAR, IF CHANGED SINCE LAST REPORT)	
CHECK THE APPROPRIATE BOX BELOW IF THE FORM 8-K FILING IS INTENDED TO SIMULTANEOUSLY SATISFY THE FILING OBLIGATION OF THE REGISTRANT UNDER ANY OF THE FOLLOWING PROVISIONS:	
[ ] Written communications pursuant to Rule 230.425)	425 under the Securities Act (17 CFR
[] Soliciting material pursuant to Rule 14A-12 under the Exchange Act (17 CFR 240.14A-12)	
[] Pre-commencement communications pursuant Act (17 CFR 240.14D-2(b)	t to Rule 14D-2(b) under the Exchange
[ ] Pre-commencement communications pursuant	t to Rule 13E-4(c) under the Exchange

Act (17CFR 240.13E-4(c)

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ITEMS 7.01 AND 8.01 REGULATION FD DISCLOSURE AND OTHER EVENTS

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PRESS RELEASE

ITEMS 7.01 AND 8.01 REGULATION FD DISCLOSURE AND OTHER EVENTS

On November 18, 2004 the Company issued a press release announcing the declaration of a six-for-five stock split to be distributed on December 8, 2004 to shareholders of record on November 29, 2004. The Company also announced a quarterly cash dividend of \$0.19 per post-split common share payable on December 31, 2004 to shareholders of record on December 17, 2004. The press release is included herein as Exhibit 99.1

ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS

(c) Exhibits

99.1 Press Release dated November 18, 2004

#### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

DATE: November 19, 2004

BY: /s/ JOHN W. TIETJEN

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JOHN W. TIETJEN

Executive Vice President, Treasurer

and Chief Financial Officer

#### EXHIBIT INDEX

Exhibit Number

99.1 Press Release dated November 18, 2004