MCCANN JAMES F

Form 4

December 21, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * MCCANN JAMES F

(Middle)

2. Issuer Name and Ticker or Trading Symbol

1 800 FLOWERS COM INC

3. Date of Earliest Transaction

[FLWS]

Issuer

5. Relationship of Reporting Person(s) to

(Check all applicable)

C/O GATEWAY INC, 14303

(First)

GATEWAY PLACE

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

(Month/Day/Year)

12/07/2005

Director 10% Owner _X_ Other (specify Officer (give title below) below)

McCann Charitable Foundation

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

POWAY, CA 92064-7140

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securion(A) or D (D) (Instr. 3,	4 and (A) or	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Class A Common Stock (1)	12/07/2005		S	1,200	D	\$ 7.1	57,348	I	McCann Charitable Foundation		
Class A Common Stock (1)	12/08/2005		S	3,800	D	\$ 7.45	53,548	I	McCann Charitable Foundation		
Class A Common Stock (1)	12/09/2005		S	800	D	\$ 7.51	52,748	I	McCann Charitable Foundation		

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Class A Common 12/13/2005 S 200 D ${}^{\$}_{7.25}$ 52,548 I ${}^{\frac{(2)}{2}}_{Charitable}$ Foundation ${}^{\frac{(2)}{2}}_{(2)}$

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	nt of lying ties	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MCCANN JAMES F C/O GATEWAY INC 14303 GATEWAY PLACE POWAY, CA 92064-7140

McCann Charitable Foundation

Signatures

/s/ The McCann Charitable Foundation 12/21/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 2

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- (1) These were originally Class B Shares. Upon the sale of any Class B Shares said shares automatically convert to Class A Shares.
- (2) The McCann Charitable Foundation is affiliated with Mr. James McCann who is the Director and Chairman of the Board of the Company. The sales made by the McCann Charitable Foundation were for diversification purposes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.