

GOLAR LNG LTD  
Form 6-K  
March 07, 2012

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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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**FORM 6-K**

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**REPORT OF FOREIGN ISSUER**  
Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

**For the month of March 2012**

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**Golar LNG Limited**

(Translation of registrant's name into English)

**Par-la-Ville Place,  
14 Par-la-Ville Road,  
Hamilton,  
HM 08,  
Bermuda**

(Address of principal executive offices)

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Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F

Form 20-F  Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes  No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):82-\_\_\_\_\_

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**Item 1. INFORMATION CONTAINED IN THIS FORM 6-K REPORT**

Attached as Exhibit 99.1 is a copy of the press release of Golar LNG Limited dated March 7, 2012.

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**Exhibit 99.1**

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**Golar LNG : Insider Transaction**

Golar LNG Limited ("Golar" or the "Company") advises that Board member Tor Olav Troim has on 6 March 2012 extended a forward contract in respect of 200,000 shares in the Company. The new forward contract expires on 6 September 2012 at a price of NOK 78.179 per share.

After this trade, Mr. Troim has an exposure of 386,001 Golar shares under options and forward contracts and ownership of 358,188 Golar shares through Drew Investments, a company he controls.

Golar LNG Limited  
Hamilton, Bermuda  
March 6, 2012

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## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

                     Golar LNG  
Limited                      
                    (Registrant)

Date: March 7, 2012 By: /s/ Brian Tienzo                      
                    Brian Tienzo  
                    Principal Financial Officer

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