REID DALE G Form 4 August 23, 2005

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

January 31, Expires: 2005

Form 4 or Form 5 obligations STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

0.5 response...

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * REID DALE G			2. Issuer Name and Ticker or Trading Symbol ALLEGHENY TECHNOLOGIES INC [ATI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 1000 SIX PPO	(First) G PLACE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/19/2005	Director 10% Owner Other (specify below) VP, Controller, CAO		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)_X_ Form filed by One Reporting Person		
PITTSBURG	H, PA 1522	2-5479		Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secu	rities Acquii	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit ord Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, \$0.10 par value	08/19/2005		M		` ´	ф	30,990.9245	D (1) (2)	
Common Stock, \$0.10 par value	08/19/2005		M	2,500	A	\$ 18.5937	33,490.9245	D (1) (2)	
Common Stock, \$0.10 par value	08/19/2005		M	2,500	A	\$ 17.375	35,990.9245	D (1) (2)	

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Common Stock, \$0.10 par value	08/19/2005	M	2,500	A	\$ 19.1	38,490.9245	D (1) (2)
Common Stock, \$0.10 par value	08/19/2005	M	2,500	A	\$ 14.985	40,990.9245	D (1) (2)
Common Stock, \$0.10 par value	08/19/2005	M	2,500	A	\$ 15.03	43,490.9245	D (1) (2)
Common Stock, \$0.10 par value	08/19/2005	M	2,500	A	\$ 16.925	45,990.9245	D (1) (2)
Common Stock, \$0.10 par value	08/19/2005	M	2,500	A	\$ 10.635	48,490.9245	D (1) (2)
Common Stock, \$0.10 par value	08/19/2005	M	1,666	A	\$ 7.245	50,156.9245	D (1) (2)
Common Stock, \$0.10 par value	08/19/2005	M	10,000	A	\$ 7.245	60,156.9245	D (1) (2)
Common Stock, \$0.10 par value	08/19/2005	S	31,666	D	\$ 29.5	28,490.9245	D (1) (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Security

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative		Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		
	Derivative				or Disposed of		

(D)

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(Instr. 3, 4, and 5)

	and 5)							
			Code V (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option, right to buy	\$ 18.5937	08/19/2005	M	2,500	(3)	12/13/2010	Common Stock, \$0.10 par value	2,500
Employee Stock Option, right to buy	\$ 18.5937	08/19/2005	M	2,500	(3)	12/13/2010	Common Stock, \$0.10 par value	2,500
Employee Stock Option, right to buy	\$ 17.375	08/19/2005	M	2,500	<u>(4)</u>	04/23/2011	Common Stock, \$0.10 par value	2,500
Employee Stock Option, right to buy	\$ 19.1	08/19/2005	M	2,500	(5)	07/20/2011	Common Stock, \$0.10 par value	2,500
Employee Stock Option, right to buy	\$ 14.985	08/19/2005	M	2,500	<u>(6)</u>	10/22/2011	Common Stock, \$0.10 par value	2,500
Employee Stock Option, right to buy	\$ 15.03	08/19/2005	M	2,500	<u>(7)</u>	01/22/2012	Common Stock, \$0.10 par value	2,500
Employee Stock Option, right to buy	\$ 16.925	08/19/2005	M	2,500	<u>(8)</u>	04/22/2012	Common Stock, \$0.10 par value	2,500
Employee Stock Option, right to buy	\$ 10.635	08/19/2005	M	2,500	<u>(9)</u>	07/22/2012	Common Stock, \$0.10 par value	2,500
	\$ 7.245	08/19/2005	M	1,666	(10)	10/21/2012		1,666

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Employee Stock Option, right to buy								Common Stock, \$0.10 par value	
Employee Stock Option, right to buy	\$ 7.245	08/19/2005	M	1	0,000	(10)	10/21/2012	Common Stock, \$0.10 par value	10,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

REID DALE G 1000 SIX PPG PLACE PITTSBURGH, PA 15222-5479

VP, Controller, CAO

Signatures

Dale G. Reid 08/23/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Reid owns 1,630.3740 shares of Common Stock indirectly in the Company's 401(k) plan.
- Mr. Reid's wife owns 259.2139 shares of common stock indirectly in the Company's 401(k) plan. The reporting person disclaims

 (2) beneficial ownership of the shares held directly or indirectly by his spouse, and this report shall not be deemed an admission that the reporting person is the beneficial owner of such shares for the purpose of Section 16 or for any other purpose.
- (3) The options vested in three equal installments on December 13, 2001, 2002 and 2003.
- (4) The options vested in three equal installments on April 23, 2002, 2003 and 2004.
- (5) The options vested in three equal installments on July 20, 2002, 2003 and 2004.
- (6) The options vested in three equal installments on October 22, 2002, 2003 and 2004.
- (7) The options vested in three equal installments on January 22, 2003, 2004 and 2005.
- (8) The options vested in three equal installments on April 22, 2003, 2004 and 2005.
- (9) The options vested in three equal installments on July 22, 2003, 2004 and 2005.
- (10) Represents two-thirds of the options granted on October 21, 2002 which vested in equal installments on October 21, 2003 and 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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