

True Drinks Holdings, Inc.  
Form 8-K  
October 18, 2013

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UNITED STATES

SECURITIES AND EXCHANGE COMMISSION  
Washington, DC 20549

FORM 8-K

CURRENT REPORT  
Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

Date of report (Date of earliest event reported): October 16, 2013

Commission File Number: 001-32420

True Drinks Holdings, Inc.  
(Exact name of small business issuer as specified in its charter)

Nevada  
(State or other jurisdiction of incorporation or organization)  
84-1575085  
(IRS Employer Identification No.)

18552 MacArthur Blvd, Suite 325, Irvine, California 92612  
(Address of principal executive offices)

949-203-3500  
(Registrant's Telephone number)

Not Applicable  
(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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**Item 8.01 Other Events.**

On October 16, 2013, True Drinks Holdings, Inc. (the "Company") announced that AquaBall(TM) Naturally Flavored Water has gained distribution at all banner locations of The Kroger Company, including Baker's Supermarkets, City Market, Dillons Food Stores, Food 4 Less, Fry's, Gerbes, Jay C, King Soopers, Kroger, Owen's, Kwik Shop, Loaf 'N Jug, Pay Less, QFC, Quick Stop, Ralphs, Scotts, Smith's, Tom Thumb and Turkey Hill. A copy of the press release is attached hereto as Exhibit 99.1, and is incorporated by reference herein.

**Item 9.01 Financial Statements and Exhibits.**

See Exhibit Index.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

True Drinks Holdings, Inc.

Date: *October 18, 2013*

By: */s/ Daniel Kerker*

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*Name: Daniel Kerker*

*Title: Chief Financial Officer*

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Exhibit Index

<b><u>Exhibit No.</u></b>	<b><u>Description</u></b>
EX-99.1	Press Release, dated October 16, 2013