TRANSCAT INC Form 4 February 04, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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January 31, 2005

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subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading SASSANO CARL E Issuer Symbol TRANSCAT INC [TRNS] (Check all applicable) (First) (Middle) 3. Date of Earliest Transaction (Last) (Month/Day/Year) _X__ Director 10% Owner Officer (give title Other (specify C/O TRANSCAT, INC., 35 01/31/2014 below) **VANTAGE POINT DRIVE** (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

ROCHESTER, NY 14624

(City)	(State) (Z	Zip) Table	e I - Non-D	erivative S	Securi	ties Acq	quired, Disposed o	of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transaction Code (Instr. 8)	4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)		Securities Form: Direct Beneficially (D) or Owned Indirect (I) Following (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock, \$.50 par value	01/31/2014		S	100	D	\$ 8.67	139,921	D	
Common Stock, \$.50 par value	01/31/2014		S	200	D	\$ 8.65	139,721	D	
Common Stock, \$.50 par value	01/31/2014		S	700	D	\$ 8.61	139,021	D	
Common Stock, \$.50	01/31/2014		S	100	D	\$ 8.6	138,921	D	

par value							
Common Stock, \$.50 par value	01/31/2014	S	600	D	\$ 8.53	138,321	D
Common Stock, \$.50 par value	01/31/2014	S	135	D	\$ 8.51	138,186	D
Common Stock, \$.50 par value	01/31/2014	S	1,065	D	\$ 850	137,121	D
Common Stock, \$.50 par value	02/03/2014	S	200	D	\$ 8.56	136,921	D
Common Stock, \$.50 par value	02/03/2014	S	1,500	D	\$ 8.55	135,421	D
Common Stock, \$.50 par value	02/03/2014	S	200	D	\$ 8.51	135,221	D
Common Stock, \$.50 par value	02/03/2014	S	1,100	D	\$ 8.5	134,121	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. 6. Date Exercisable and DiNumber Expiration Date of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pri Deriv Secun (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
	\$ 4.26					08/16/2008	08/16/2015			

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Stock Option (Right to Buy)				Common Stock, \$.50 par value	10,895 (1)
Stock Option (Right to Buy)	\$ 5.68	08/08/2009	08/08/2016	Common Stock, \$.50 par value	8,803 (1)
Stock Option (Right to Buy)	\$ 7.72	07/30/2011	07/30/2017	Common Stock, \$.50 par value	60,160 (1)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SASSANO CARL E C/O TRANSCAT, INC. 35 VANTAGE POINT DRIVE ROCHESTER, NY 14624

X

Signatures

/s/ John J. Zimmer, Attorney-in-fact for Carl E.

Sassano 02/04/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option was previously reported by Mr. Sassano.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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