

NATURAL HEALTH TRENDS CORP
 Form 4
 October 10, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Chief China Resources Ltd

2. Issuer Name and Ticker or Trading Symbol
 NATURAL HEALTH TRENDS CORP [BHIP]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 10/05/2007

___ Director ___X___ 10% Owner
 ___ Officer (give title below) ___ Other (specify below)

18 CHAOYANGMENWAI STREET, SUITE B710, FULL LINK PLAZA

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 ___ Form filed by One Reporting Person
 ___X___ Form filed by More than One Reporting Person

BEIJING, F4 100020

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	10/05/2007		S		9,000	D	\$ 5.99
Common Stock	10/05/2007		S		8,800	D	\$ 5.3
Common Stock	10/05/2007		S		3,980	D	\$ 5.25
Common Stock	10/05/2007		S		6,900	D	\$ 5.2
	10/05/2007		S		13,690	D	

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Common Stock						\$ 6.43		
Common Stock	10/05/2007	S	1,340	D	\$ 6.14	254,192	D	(1)
Common Stock	10/05/2007	S	14,070	D	\$ 5.82	240,122	D	(1)
Common Stock	10/05/2007	S	7,200	D	\$ 5.83	232,922	D	(1)
Common Stock	10/05/2007	S	5,750	D	\$ 5.71	227,172	D	(1)
Common Stock	10/05/2007	S	8,150	D	\$ 5.61	219,022	D	(1)
Common Stock	10/05/2007	S	9,800	D	\$ 5.47	209,222	D	(1)
Common Stock	10/05/2007	S	11,320	D	\$ 5.23	197,902	D	(1)
Common Stock	10/05/2007	C	941,171	A	(2)	1,139,073	D	(1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Series A Convertible Preferred Stock	(2)	10/05/2007		C	941,171	(2) (2)	Common Stock 941,171

Reporting Owners

Reporting Owner Name / Address

Relationships

Reporting Owners

