SpartanNash Co Form 4/A January 20, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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5. Relationship of Reporting Person(s) to

if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

(Print or Type Responses)

1. Name and Address of Reporting Person *

See Instruction

1(b).

Common

Stock (2)

03/07/2016

ADORNATO THEODORE	Symbol SpartanNash Co [SPTN]	Issuer (Check all applicable)
(Last) (First) (Middle) C/O 850 - 76TH STREET SW	3. Date of Earliest Transaction (Month/Day/Year) 03/07/2016	Director 10% OwnerX_ Officer (give title Other (specify below)
(Street) GRAND RAPIDS, MI 49518 (City) (State) (Zip)	4. If Amendment, Date Original Filed(Month/Day/Year) 03/08/2016 Table L. Non-Derivative Securities Acc	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person quired, Disposed of, or Beneficially Owned
(Instr. 3) any (Month/I	med 3. 4. Securities Acquired on Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Day/Year) (Instr. 8) (A) or Code V Amount (D) Price	5. Amount of Securities Ownership Indirect Beneficially Form: Direct Beneficial Owned (D) or Ownership Following Indirect (I) (Instr. 4) Transaction(s) (Instr. 3 and 4)
Common Stock (1) 03/07/2016	M 13,300 A \$ 22.69	90,881 D

13,300 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

S

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77,581

D

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Purchase)	\$ 22.69	03/07/2016		M		3,325	05/01/2009	05/16/2018	Common Stock	3,325
Stock Option (Right to Purchase)	\$ 22.69	03/07/2016		M		3,325	05/01/2010	05/16/2018	Common Stock	3,325
Stock Option (Right to Purchase)	\$ 22.69	03/07/2016		M		3,325	05/01/2011	05/16/2018	Common Stock	3,325
Stock Option (Right to Purchase)	\$ 22.69	03/07/2016		M		3,325	05/01/2012	05/16/2018	Common Stock	3,325

Reporting Owners

Reporting Owner Name / Address	Relationships				
rioporomy oor runne / runne os	Director	10% Owner	Officer	Other	
ADORNATO THEODORE					
C/O 850 - 76TH STREET SW			Exec. V. P. Retail Operations		
GRAND RAPIDS MI 49518					

Signatures

/s/ Daniel C. Persinger, By Power of	01/20/2017		
Attorney	01/20/2017		
**Signature of Reporting Person	Date		

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This amended report is being filed to include information regarding this option exercise. The original report inadvertently omitted this line and the information on Table II.
- Represents the aggregate number of shares sold at a weighted average price of \$28.16. The actual sales prices ranged from \$27.97 to (2) \$28.33. Details regarding aggregated sales transactions will be provided upon request by the Commission staff, the issuer, or a security holder of the issuer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.